How Microbes Influence the Flavor & Texture of Cheese: Choosing cultures for cheesemaking

> **by Curt Wittenberg** (your Sister Noella)

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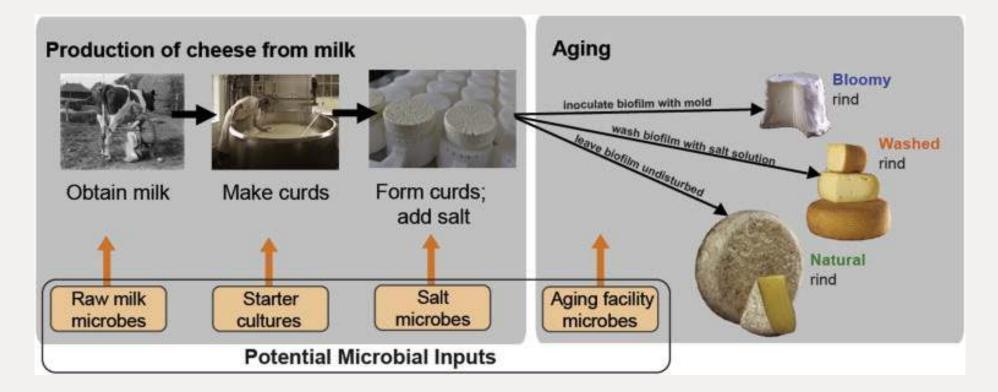


#### OK, I found the Library of Cheesemaking. How do I choose a culture for my cheese?



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		Bacteri	-	D		,		
	ltem Number	a/Nold/ Other ~	Sub-Type 👻	Description	Format 👻	Held By 👻	Amount Available	
	C012	Bacteria	Thermo	Thermo C blend used for high cock cheeses. Contains 5. thermophilus and L. helveticus cultures.	freeze-dried	Curt	>10 vials of 1/4 tsp	
	C013	Bacteria	Thermo	TM81 Thermophilic lactic acid starter blend for use in Italian type cheeses, especially mozzarella.	freeze-dried	Curt	>10 vials of 1/4 tap	
	C014	Mold	Blue	PV very fast growth rate, strong blue flavor and a blue-green color.	freeze-dried	Ourt	>10 vials sufficient for 2 gala of milk	
	C015	Mold	Mixed	PLA Complex blend for aspect and flavor of the main European (French) style cheeses. Brevibacterium linens, Arthrobacter nicotianae, Debaryomyces hansenii, Geotrichum candidum:	freeze-dried	Curt	>10 vials sufficient for 1/2 cup of washing solution	
	C016	Bacteria	Red	Brevibacterium Linens (Cornybacteria) Brevibacterium linens: dark reddish color, high aromašo potential, high proteolyšo activity.	freeze-dried	Curt	>10 vials sufficient for 1 cup of washing solution	
	C017	Mold	White	G17 - Geotrichum candidum Mold-like appearance, very mild flavor and aroma. Enhances the appearance and activity of the P. candidum strains. When used in combination will help minimize protocysis and lengthen the storage time of the ripened cheese.	freeze-dried	Curt	>10 vials sufficient for 2 gals of milk	
	C018	Mold	White	HP6 - Pennicitum candidium Classic white mold. Characteristics: High proteolytic activity, Moderate lipolytic (aroma), Moderate surface density and height. Generally used to achieve moderate-fast ripening time.	freeze-dried	Curt	≻10 vials sufficient for 2 gais of milk	
C019 Mold		Mold	White	Mycodore White mold esp. for Tomme cheese. White fulfy surface, with a yellow/brown underside.	freezo-dried	Curt	>10 vials sufficient for 2 gais of milk	
C820 Mold W		White	SAM3 - Pennicilium candidum Classic white molid with Anti-Mucor properties. Helps inhibit black mold. Characteristics: High protectytic activity, High lipolytic (arona), low surface density and height. Generally used to achieve fast ripening time with high aroma.	heeze-dried	Curt	>10 viats sufficient for 2 gals of milk		
				Lipase - Calf (Mild)			≻10 vials	

#### **Microbial Inputs in Cheesemaking**



# Factors affecting cheese flavor and texture



	Flavor	Texture
Type and source of milk	X	X
Microbes (indigenous or introduced)	X	X
Rennet		X
Curd preparation	$\boxtimes$	X
Time and conditions of	X	X
ripening/aging (affinage)		

# **Categories of cheesemaking microbes**

#### Starter Cultures (dominated by Lactic Acid Bacteria [LAB]).

- Primary role is to acidify the milk to assist in forming curd
- Secondary role is to impart flavor and alter the physical characteristics to the developing curd
- Used to make both fresh and ripened cheeses
- Can be inoculated or indigenous

#### Ripening Cultures (diverse: include molds, yeast and bacteria)

- Generally participate in the development of rind ecosystems
- Impart flavor and alter the physical characteristics of the ripening cheese
- Can be inoculated or indigenous.

### What are the roles of Starter Cultures?

Acid production (dramatic):

Formation of curd, whey expulsion, curd texture, flavor development

#### • Flavor (subtle):

Formation of diacetyl (butter flavor), acetaldehyde (green apple), lactic acid and others

#### Preservation:

Production of compounds that discourage spoilage bacteria (primarily acid)

#### • Gas formation (subtle):

Production of CO2 increases openness of the curd and bubbles in paste









#### **Bacteria for Starter Cultures**

Strains of bacteria	Strains of bacteria	Function
LA	Lactobacillus acidophilus	Lactic acid in making yogurt
LB	Lactobacillus delbrueckii ssp. Bulgaricus	Lactic acid
LC	Lactococcus lactis ssp. cremoris	Lactic acid (salt sensitive >4%)
LD	Lactococcus lactis ssp. lactis biovar. diacetylactis	Lactic acid
LDL	Lactobacillus delbrueckii ssp. lactis	Lactic acid
LH	Lactobacillus helveticus	Lactic acid
LL	Lactococcus lactis ssp. Lactis	Lactic acid, CO2, diacetyl
LM	Leuconostoc mesenteroides ssp. cremoris	Lactic acid, slow CO2, diacetyl
ST	Streptococcus thermophilus	Lactic acid

Homolactic Fermentation: Lactose ----> Glucose -----> Lactic Acid

Heterolactic Fermentation: Lactose ----> Glucose -----> Lactic Acid + CO<sub>2</sub> + Ethanol

CO<sub>2</sub> production can be Slow or Fast = Large or Small Eyes **Diacetyl** (buttery flavor) is produced as a biproduct

## **Mesophillic Starter Cultures**

LL + LC + LD + LM	Moderate acidifier with some gas and high diacetyl production. Havarti, Camem- bert, Cream cheese, Sour cream, Creme Fraiche, Cottage cheese, Fromage blanc, Chevre frais, St-Maure, Valencay, Cultured butter.
LL + LC + LD + LM	Moderate acidifier with some gas and high diacetyl production. Havarti, Camem- bert, Cream cheese, Sour cream, Creme Fraiche, Cottage cheese, Fromage blanc, Chevre frais, St-Maure, Valencay, Cultured butter.
LM	Low acidifier with very high gas and some diacetyl production. Used as an enhancer for Blue cheese and Gouda along with MM series cultures.
LL+LC	Moderate/high acidifier with no gas or diacetyl production. Clean flavor, very closed texture, proteolytic during aging. Use for Cheddar, Colby, Monterey Jack, Feta, Chevre, etc.
LD	Low acidifier with moderate gas and high diacetyl production. Used to enhance buttery flavor and produce small eyes in cheese such as Edam/Havarti. Poor acidifier, use with MA series culture.
LL + LC + LD	Moderate acidifier with some gas and high diacetyl production. Use for Brie, Camembert, Havarti, Gouda, Edam, Feta, Blue, Chevre and other buttery, open- textured cheeses. Optimum diacetyl production at 70 - 72° F.
LL + LC + ST	High acidifier with no gas or diacetyl production.
LL+LC+LD+LM	Moderate acidifier with some gas and high diacetyl production. Havarti, Camem- bert, Cream cheese, Sour cream, Creme Fraiche, Cottage cheese, Fromage blanc, Chevre frais, St-Maure, Valencay, Cultured butter.
LL + LC	Moderate/high acidifier with no gas or diacetyl production. Clean flavor, very closed texture, proteolytic during aging. Cheddar, Monterey Jack, Stilton, Edam, Gouda, Muenster, Blue, and Colby.
LC	Moderate/high acidifier with no gas or diacetyl production. Cheddar, Colby, Brick, Jack, Farmers, Limburger, Camembert, Brie, Blue cheese, Mozarella, Provo- Ione, Parmesan, Romano
LL + LC	Moderate/high acidifier with no gas or diacetyl production. Clean flavor, very closed texture, proteolytic during aging. Gouda, Edam, Havarti.
	LL + LC + LD + LM LM LL + LC LD LL + LC LL + LC + LD LL + LC + LD LL + LC + LD LL + LC + LD LL + LC + LD + LM LL + LC + LD + LM

#### **Some of our favorite Starter Cultures**

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MA Series (MA 11) MA culture is the basic mesophilic lactic acid culture. It is the most common culture type for making cheddar, colby, Monterey jack and cottage cheese.	MA 4000 Series Often referred to as the "farmhouse culture," the MA 4000 series is a very versatile mesophilic culture blend used especially in soft ripened or unripened specialty cheeses; may also be used for semi-hard cheeses such	<b>MM Series</b> MM culture is a mesophilic culture blend preferred for soft ripened, and fresh (unripened) cheeses: Brie, Camembert, Havarti, Gouda, Edam, Feta, Blue, Chevre, and similar styles.	Flora Danica Mesophilic culture blend used for specialty fresh and soft cheeses, sour cream and cultured butter. Popular blend for goat-milk cheeses, Havarti, Baby Swiss, Gouda, Edam, Blue, Camembert, Brie, etc.
Starting at: <b>\$12.50</b>	as farmhouse cheddar. Starting at: <b>\$11.95</b>	Starting at: <b>\$12.50</b>	Starting at: <b>\$16.50</b>

#### Mesophilic cultures for acid production (All of these cultures are in the Library)

Flora Danica

**MM100** 

LL, LC, LD

Moderate acidifier with some gas and diacetyl production (Havarti, Camembert, Cream Cheese, Sour Cream, Chèvre, Valencay, Cultured Butter)

**MA011**Moderate/high acidifier with no gas or diacetylLL, LCproduction (Cheddar, Jack, Feta, Chèvre, etc)









# **Thermophillic Starter Cultures**

Thermophilic (Danisco) Choozit TA050/TA052/ TA054	ST	Low acidifier used for stabilized cheese.
Thermophilic (Danisco) Choozit TA060/TA061/ TA062	ST	High acidifier, good for high temp. scalded cheeses. Culture survives up to 128° F. Parmesan, Romano, Provolone, Mozzarella Emmental/Swiss
Thermophilic (Abiasa) Type B	ST + LB	Italian-style mozzarella, parmesan, romano, provolone, other Italian cheeses, soft and semi-soft type cheeses. More proteolytic than ST strain alone.
Thermophilic (Abiasa) Type C	ST + LH	For use in Italian and farmstead type cheeses, Emmenthaler, Gruyere, Swiss, and Romano. More proteolytic than ST strain alone.
Farmhouse Culture (Danisco) Choozit MA4001/ MA4002	LL + LC + LD + ST	Moderate acidifier with some gas and diacetyl productionsimilar to bacteria balance in raw milk. "Farmhouse" culture used for most types of cheese. Slightly open texture.
Feta Culture (Danisco) Choozit Feta B	LL+LC+ST+LB+LH	Feta. Due to the addition of L. bulgaricus and L. helveticus, it results in a higher proteolytic activity and a creamy texture.
Feta Culture (Danisco) Choozit MT1	LL + LC + ST + LB	Very high acidifier with no gas or diacetyl production. Used for feta.
Choozit Kazu (Danisco)	LL + LC + LD + LH	Moderate acidifier with some gas and diacetyl production. "Farmhouse" culture for semi-hard and soft cheeses.

#### Thermophilic bacteria tolerate high temperature

- Most thermophilic starter cultures contain mesophilic and thermophilic bacteria.
- Thermophilic bacteria can survive the "cooking" required for some cheeses.
- The bacteria that survive "cooking" can produce flavors and textures during aging.
- Mesophilic bacteria are generally lost during "cooking" and no longer influence the cheeses during aging.





## Thermophilic cultures for acid and flavor production (All of these cultures are in the Library)

**Thermo B** ST, LB Low acidifier with moderate proteolysis (Mozzarella, Parmesan, other Italian cheeses, soft and semi-soft)

MA4001/2Moderate acidifier with some gas and diacetylLL, LC, LD, STproduction (Farmhouse blend imitates raw milk;<br/>Most cheese types; ST tolerates cooking of curd<br/>and adds complexity)

**Feta Culture** LL, LC, ST, LH, LB Moderate acidifier with some gas but no diacetyl production. LB and LH add to proteolytic activity for enhanced flavor and creaminess



(Consider the mild flavor of Mozzarella versus the sharpness of Feta)

## **Please pass out the first four cheeses:** Keep track of the number of each sample (1-4)

# Quattro Fromaggi...reimagined

VS





#### Mesophilic cultures for acid production (All of these cultures are in the Library)

Moderate acidifier with some gas and diacetyl production (Havarti, Camembert, Cream Cheese, Sour Cream, Chevre, Valencay, Cultured Butter)

Moderate/high acidifier with no gas or diacetyl production (Cheddar, Jack, Feta, Chevre, etc)

**MA4001/2** LL, LC, LD, ST

Flora Danica

LL, LC, LD, LM

**MM100** 

**MA011** 

LL, LC

LL, LC, LD

Moderate acidifier with some gas and diacetyl production (Farmhouse blend imitates raw milk; For most cheese types; ST tolerates cooking of curd and adds complexity)

Streptococus thermophilus [ST] is a thermophilic lactic acid bacteria









#### How do different Starter Cultures affect texture and flavor?

Acidity:

Consider these characteristics when you taste each Chèvre

Bright

• Fresh

Mild

#### Texture

- Soft
- Firm
- Creamy Sour
- Flaky
- Grainy

#### Flavors

Other flavors:

- Butter (diacetyl)
- Apple (acetaldehyde)
- Fresh cream, fresh milk
- Sharp Bitterness
  - Funky/musty

# How can the same cheese be made using many different cultures?

The primary effect of starter culture on cheese texture is via the production of acid.

- High acid (low pH: ~4.5) leads to more "grainy/crumbly/brittle" cheese
  - Promotes calcium loss and a more compact casein network
  - Lower fat and low meltability
  - Think Chèvre and Feta vs Telemea, Mozzarella
- Moderate acid (higher pH: >5) leads to more pliable cheese
- Low acid (high pH: ~6) leads to softer, higher moisture, higher fat cheese



Chèvre

Feta



Telemea

Mozzarella

# **Ripening Cultures: Molds and Bacteria**

#### Modifying and enriching simple cheeses



Corynebacteria



Geotrichum candidum



Penicillium candidum



Penicillium roqueforti

from GetCulture.com

### What are the roles of Ripening Cultures?

Can create appropriate conditions for the establishment of other organisms by altering surface pH and other properties (*Geotricum candidum* and other molds and yeast)

Can determine the appearance of the cheese rind and increase the fluidity of the paste

(Penicillium candidum and Brevibacteria linens)

Can can contribute subtle to strong flavors and aromas and promote changes in the paste

(P. roqueforti, B. linens, Propionibacteria)

Many are molds; some are bacteria Some need oxygen to thrive







### **Ripening Cultures exhibit dramatic differences in their characteristics and impact on flavor and texture**

- Unlike Starter Cultures strains, Ripening Cultures do not all share any particular characteristic.
- They can be comprised of bacteria, molds, or even mixtures of the two (PLA and others)
- Many grow primarily on the surface, where oxygen is available (*B. linens, P. candidum, G. candidum*, etc.)
- Some act primarily within the paste (*P. roqueforti, Propionibacteria*, etc.).
- Some promote dramatic alterations to the paste by growing on the surface (*B. linens, P. candidum*, etc.), whereas others influence the conditions and/or flavor and texture of the rind (PLA, *Mycodore*, etc.).

# **Ripening Cultures often are responsible for the characteristic Texture and Flavor of cheeses**

#### Surface-ripened cheeses

- Washed-rind cheeses (B. linens): Epoisses, Limburger, Reblochon, etc
- Bloomy-rind cheeses (P. candidum & Geotricum): Brie, Camembert, etc

#### **Blue cheeses**

- Traditional rind (P. roqueforti): Roquefort, St. Agur, Bailey-Hazen, etc.
- Bloomy-rind (P. roqueforti & P. candidum): Cambozola

#### Alpine cheeses (with eyes)

• Emmental (Swiss)

# Some Ripening Strains are available in multiple forms (subspecies) that differ in their effect.

P. candidum	SAM3:	white mold, fast ripening with high aroma
Brie, Camembert,	ABL:	white mold, moderate-slow ripening.
other surface-ripened cheeses	HP6:	white mold, moderate-fast ripening
G. candidum	GEO13:	white mold with folded growth pattern, intermediate flavor and "mushroom/earthy" aroma
"Geotricum"	GEO15:	slick yeast-like appearance, mild flavor and aroma
Various surface- ripened cheeses	GEO17:	mold-like appearance and very mild flavor and aroma
P. roqueforti	PS: r	medium-fast growth rate, a mild blue flavor and a blue-green color
Blue cheeses	PV: \	very fast growth rate, strong blue flavor and a blue-green color
	Other: \	vary with source; sometimes from commercially available cheeses

# **Please pass out the Blue Cheese samples**

(Produced by club members using different P. roqueforti strains)

# **Another Quattro Fromaggi**



#### How do different P. roqueforti cultures affect texture and flavor?

Consider these characteristics and their intensity when you taste each Blue Cheese (1-4)

# Texture

- Dense

- Fudgy

- Neutral Salty

# Flavors

- Acidity: Other flavors:
- SoftBrightBlue moldPiquantFunky/musty
- Flaky
  Grainy
  Mild
  Ammonia

### What you add isn't necessarily what you get!

Jasper Hill Farms Hazen Blue



Time (~2 months)

#### As cheese ages, microbial populations evolve

- Aging is accompanied by water loss, increase in salt concentration, alterations to fat and proteins
- Complex evolution of surface microbes (bacteria and molds)
- Most of the microbes are environmentally-derived

# What's happening here?

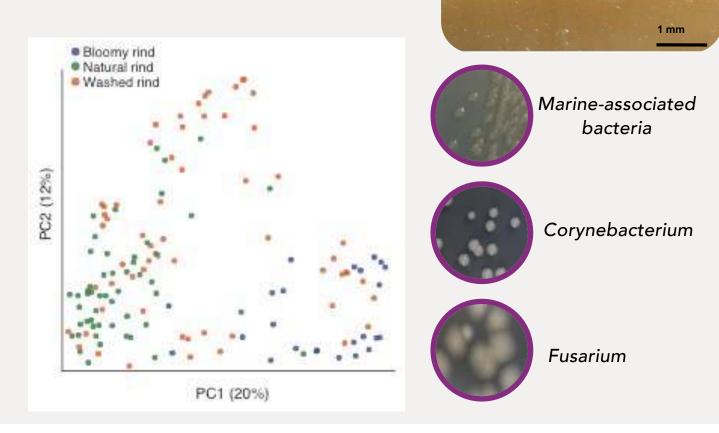
- Unlike starter cultures, which reside on the interior, ripening cultures that depend upon oxygen grow only on the surface.
- The surface of the ripening cheese is affected by the environment.
  - Humidity, temperature, environmental flora, etc.
- When conditions are appropriate, environmental microbes may populate the surface.
  - Their growth creates new conditions that may or may not favor the original ripening culture.
- Some ripening cultures are intended to establish conditions for invasion (yeast, *B. linens*) others are intended to dominate the surface and exclude other organisms (*P. candidum*, *Geotricum*).

#### The B. linens conundrum



Where is the funk coming from?

# Washed rind communities



# Summary

- All cheeses start with a starter culture, mesophilic or thermophilic
- Starter cultures primarily acidify the milk to promote curd formation and affect both texture and flavor.
- Some cheeses employ ripening cultures to promote differentiating characteristics to the cheese.
  - Some of those characteristics are dramatic while others are subtle.
- Using different starter cultures or subspecies of cultures can affect the outcome of your cheesemaking.
- Experiment and enjoy!

## How to use the Library of Cheesemaking?

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	C913	Bacteria	Thermo	TMB1 Thermsphilis lactic acid starter blend for use in Bolian type cheeses, especially mezarelia.	freeze-dried		>10 viais of 1/4 Tep	Minimum of 5 days before meeting or other amanged pickup		http://www.gotoutium.com/TM-81.html
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	CHIS	Mold	Mod	PLA Complex blend for aspect and flavor of the main European (French) style cheeses. Brevbacterium linera, Athrobacter nicotianse, Debaryomyces hansenii, Geotrichum candidum:	freaze-dried	Gut	>10 visits sufficient for 1/2 cup of washing solution	Minimum of 5 days before meeting or other arranged pickup		htp://www.getculture.com/PLA.htm/
	Cate	Basteria	Red	Brevibacterium Linens (Corrybacteria) Brevibacterium linens: dark reddish color, high aromatic petertial, high proteclytic activity.	freeze-dried	Curt	>10 viais sufficient for 1 cup of washing solution	Minimum of 5 days before meeting or other amanged pickup		http://www.gotouture.com/SLinens-S00s.htm
	C917	Mold	White	GIT - Geotrichum candidium Mold-like appearance, very mild fixeror and aroma. Enhances ihre appearance and activity of the P. candidum strains. When used in combination will help minimize protectysis and langthen the storage time of the interved chease.	trease-chied	0.1	≥10 visits sufficient for 2 gats of milk	Minimum of 5 days before meeting or other emerged pickup		hts //www.gelculture.com/GEO-17/html
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	Cate	Mold	White	Mpsodare White maid esp. for Tomme choese. White fluffy surface, with a yellow/brown underside.	freeze-dried		>10 viais sufficient for 2 gals of milk	Minimum of 5 days before meeting or other amanged pickup		http://www.gotouthum.com/Mycodore.html
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# Who wants to make Chèvre?

This is your opportunity to win a Chèvre-making kit with everything except the milk.



# **Questions or Comments?**

